

Report on Fill My Cup activity done on 4th July, 2019

Day one of teacher training workshop - The day began at around 7:40 am with welcome meeting, some interesting and fun filled exercises, energizer and games. Later, after tea break we moved to our respected venues to attend our sessions.

At 1:00 pm, we all gathered in the auditorium where Santa Maria and Junior school teachers had organized exciting activities. To name a few, there were Beat the heat, Bhadaas café, Know your innerself, Ecstasy, Bum mein Dum,

The auditorium was full of energetic people who were all ready to fill their cups. It looked like a fete as wherever you walk.... something new was waiting to unfold.

From the Tarot card reading stall to Bhadaas cafe, from summer drinks to various games and finally the corner that took us to the state of great happiness, every stall was a unique amalgamation of creativity and fun.

The happiness and satisfaction, with which everyone participated, filled the room and our hearts with a lot of positivity, zest and energy.

The Preparation: -



Fun with some learning begins: -





Fill my cup was a unique activity that gave all of us an opportunity to explore and learn from and with each other. This experience is a great beginning for the year ahead and I really hope we get more opportunities where work becomes fun and also enriches us and strengthens our bond.

Thank you for making this experience fulfilling and hoping to have more unique experiences in future!!!!

Warm Regards,
Mussarat Begum