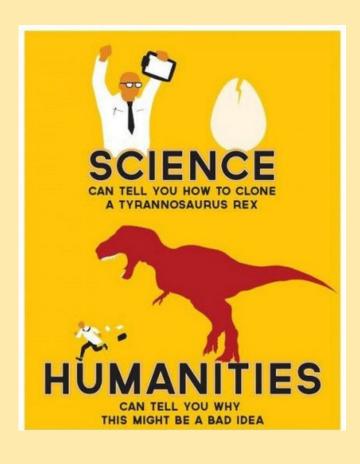


"UNITING MINDS, IGNITING IDEAS" -CINLAL NAULAK (IX -C)

In today's rapidly evolving world, the lines between different academic fields increasingly blurred. One area where this is particularly evident is the growing intersection and the science humanities. Traditionally, science and the humanities have been seen as separate domains-one focused on empirical data and the other on human and culture. However. experience interdisciplinary studies reveal how these fields complement each other, producing richer, more nuanced understandings of the world. Take, for example, the role of narrative in scientific research. Scientists often need to present complex data in accessible ways, which requires storytelling skills typically associated with the humanities. On the flip side, advancements in artificial intelligence and cognitive science have allowed for a deeper understanding of the human mind, thus enhancing literary studies and creative expression. Moreover, interdisciplinary studies enable students to approach global challenges holistically.





Climate change, for instance, is not just a scientific problem but also a social, political, and cultural issue. Addressing it requires knowledge of science,

economics, ethics, and communication—fields that traditionally fall into different categories. Ultimately, interdisciplinary education fosters creative problem-solving, critical thinking, and collaboration—skills that are essential in addressing the complexities of our modern world. The future of education lies in breaking down silos and embracing the interconnected nature of all these fields.

SENIOR SCHOOL SPORTS DAY



EACH RACE BROUGHT ITS OWN SURPRISES, AND THE SUPPORTIVE CHEERS FROM PEERS AND TEACHERS FILLED THE AIR. THE SPORTS DAY CONCLUDED WITH THE EXHILARATING 4X400M RELAY RACE, WHERE TEAMWORK TOOK CENTER STAGE. TEAMS OF FOUR REPRESENTED EACH THE BATON WITH GRADE. PASSING COORDINATION AND EFFICIENCY, PROVING THAT UNITY COLLABORATION ARE AT THE HEART OF TRUE ATHLETICISM. THE RELAY RACES SHOWCASED THE SPIRIT OF WITH EACH CAMARADERIE. STRIVING TO SUPPORT ONE ANOTHER AND FINISH STRONG. THIS YEAR'S SPORTS DAY TRACK EVENTS WERE TRULY MEMORABLE, NOT JUST FOR THE INCREDIBLE PERFORMANCES BUT FOR THE SHARED COMMITMENT TO SPORTSMANSHIP EXPRESSED IN THE OPENING PLEDGE. WE EXTEND OUR CONGRATULATIONS EVERY PARTICIPANT AND THANK THE TEACHERS AND STAFF WHO MADE THIS DAY POSSIBLE.

OUR SENIOR SCHOOL'S ANNUAL SPORTS DAY WAS FILLED WITH ENTHUSIASM AND SPIRIT AS STUDENTS FROM GRADES 9 TO 12 GATHERED TO SHOWCASE THEIR ATHLETIC ABILITIES IN THE TRACK EVENTS. THIS YEAR, THE DAY BEGAN WITH A SOLEMN YET MOTIVATING PLEDGE, LED BY OUR SPORTS CAPTAIN. WITH ALL ATHLETES STANDING IN UNISON, THEY PLEDGED TO UPHOLD THE VALUES SPORTSMANSHIP, DEDICATION, AND PERSEVERANCE. THIS COLLECTIVE PROMISE SET THE TONE FOR A DAY OF FIERCE YET RESPECTFUL COMPETITION. THE FIRST EVENT, THE 100M DASH, KICKED OFF EXCITEMENT AS ATHLETES DASHED DOWN THE TRACK, PUTTING THEIR SPEED AND TRAINING TO THE TEST. BOTH BOYS AND GIRLS FROM EACH GRADE PUSHED THEMSELVES TO THEIR LIMITS, WITH THE CROWD CHEERING THEM ON. PERSONAL BESTS WERE BROKEN, AND THE COMPETITIVE ENERGY ON THE FIELD WAS ELECTRIFYING. NEXT CAME THE 200M RACE, WHERE OUR STUDENTS DEMONSTRATED BOTH SPEED AND STRATEGY. THE ATHLETES PACED AROUND THE CURVE, THEMSELVES SKILLFULLY THROUGH THE STRAIGHT POWERING UNWAVERING DETERMINATION.



ACHIEVERS

CBSE CHESS TOURNAMENT



Apurva Raj, the methodical chess prodigy from class 10 delivered a performance worth appreciating.

He gratefully credits his performance to the collective efforts made by his mentor, Yoginder Sir, his teachers, and his peers. Apurva took on some tough competition, learning valuable lessons, along the way and he faced the challenges head on with optimism and focus.

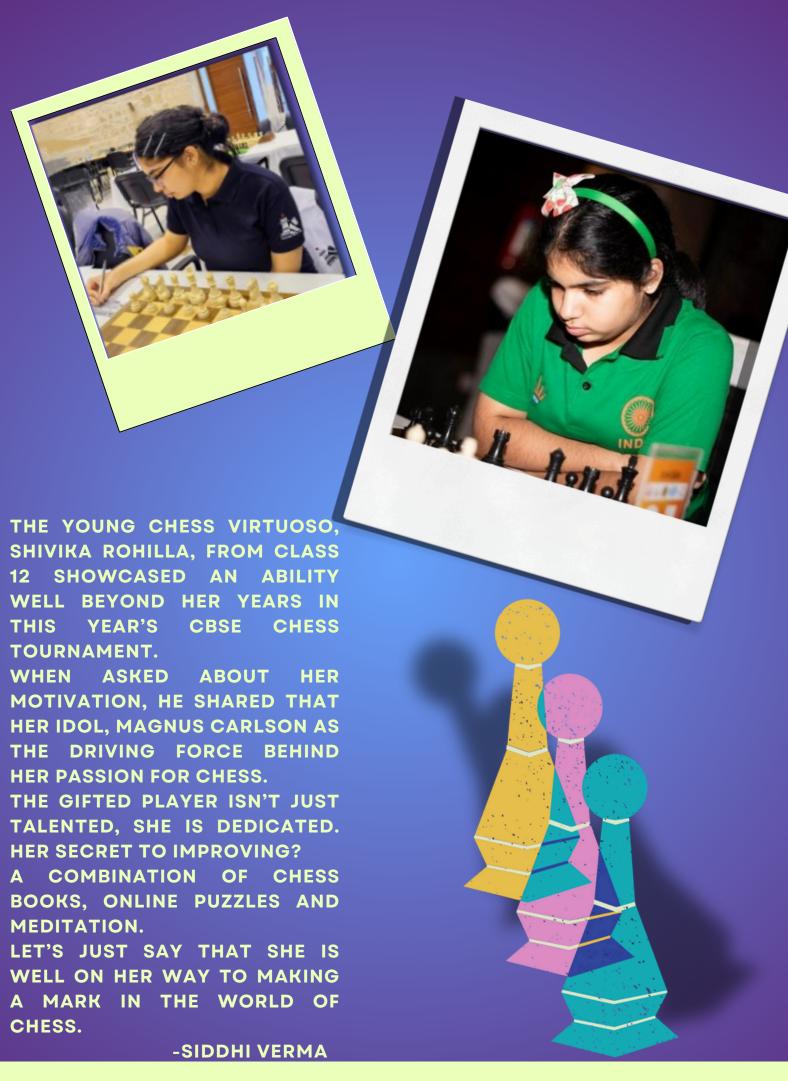
His strategic approach of using the concept of time pressure against his opponents definitely stood out, along with his calculated moves and cool composure.

This shows that the rising star knows exactly how to turn the clock in his favor.

Amartya Ghate, our very own chess maestro from class 8, delivered a splendid performance in the year's CBSE chess tournament. He humbly credits his teachers and peers for their cooperation and support with his extra curricular adventures.

During the tournament, Amartya showcased his versatility by orchestrating a Symphony of openings and diversifying his game-play. His role model? None other than Mr. Garry Kasporav, who has made mark in the world of chess with his brilliance. Amartya is definitely on the path of following in his hero's footsteps.





THE RESONANCE OF SARA MATHEW

T.M. John (fondly known as <u>John</u> <u>sir)</u>

One of my fondest memories is from 1990, the year of my elder son's baptism. Ma'am gifted me 4000 rupees-a significant amount, especially since my monthly salary was just 720 rupees. She told me to save that money under my son's name and to bring her the receipt. It was a gesture that meant more than words could ever express. She wanted my family to prosper, to have a better future, and she always found ways to show she cared. In those early years, I quickly learned that Mathew had an endearing way of guiding us.



If we made a mistake, she would raise her voice to correct us, but that wasn't the end of it. Later, she would call us over, talk gently, and explain what went wrong, making sure we understood and improved. Her kindness ran deep, beyond those brief moments of reprimand. She genuinely wanted us to learn and grow.

-Sartaj Singh

Ram Bhaiya's Experience with ma'am

Sara ma'am was a kind and disciplined woman who always believed in maintaining order among her staff and students. Ram Bhaiya had stayed at her residence for about a year before Sara Matthew Ma'am invited him to work at her school.

She had a big heart, often helping staff members by giving their children a chance to study in her school. For students who struggled at the back of the class, she would personally guide them and help them shine in their studies.



At first, people were a little afraid to talk to her, but over time, as she explained things gently and patiently, they grew to see her as a warm and soft-spoken person. Ram Bhaiya realized within a few years that she was not just a leader but someone who genuinely cared for everyone around her.

-Divyanshi Juneja

BEING KIND TO UNKIND

ONCE UPON A TIME, THERE WAS A MOUTH FULL OF KIND TEETH. EVERYONE WAS GOOD, AND NO ONE MADE A FIGHT, BUT THEN, ONE DENTAL TEETH CAME IN THE MOUTH. ITS NAME WAS MR. RUDE. IT WAS VERY MEAN AND ARROGANT LIKE FEW GUYS IN THE SOCIETY. MR. RUDE WAS NEXT TO MR. NERDY TEETH, AMONG OTHER TEETH, THE NERDY TEETH, WAS A BIT OLD BUT GENTLE AND KIND. BUT DUE TO INTOLERABLE PRESSURE AND PAIN, IT ACCIDENTALLY FELL. AND HE NEEDED SOME HELP. HE LOOKED FOR A HELPING HAND BUT MR. RUDE DIDN'T BOTHER TO EXTEND HIS HAND AND DIDN'T HELP HIM. INSTEAD MR. RUDE LAUGHED AT HIM. USUALLY, WE ALL GIVE A FAREWELL AND AS A GESTURE OF LOVE, SAY GOODBYE TO FELLOW MEN WHEN THEY DEPART US. BUT MR. RUDE TEETH, WHEN SOMEONE WAS LEAVING THE MOUTH; HE DIDN'T EVEN SAY GOODBYE. THE CARING TONGUE NOTICED EVERYTHING AND TRIED TO CONSOLE MR. NERDY. IT IS A COMMON TENDENCY THAT IF THERE IS A ROTTEN TEETH IN THE MOUTH, OUR TONGUE GENTLY GOES AND TOUCHES THE ROTTEN TEETH FREQUENTLY. IT'S LIKE A MOTHER CHECKS AN ILL BABY AND TAKES CARE OF IT.

ONE TEETH CALLED RYAN NOTICED THE STRANGE BEHAVIOR OF MR. RUDE TEETH. AND RYAN WENT AND ASKED RUDE TEETH, "FRIEND, WHY DID YOU NOT HELP THE ONES IN A PROBLEM OR SAY GOODBYE WHEN THEY WERE LEAVING?" BUT THE RUDE TEETH SAID, "OH SHUT UP, YOU ALL LOOK VERY MESSY AND DIRTY. STAY AWAY FROM ME! I AM NOT YOUR FRIEND!" RYAN WAS VERY UPSET WHEN HE HEARD HIS REPLY. SO, HE CAME UP WITH A PLAN. AT NIGHT, RYAN WOKE UP AND WENT TO THE TOOTH FAIRY IF SHE COULD DO A FAVOR, AND SHE AGREED. IT WAS A MAGICAL ACT. THE TOOTH FAIRY CAME WITH HER MAGICAL STICK AND TURNED THE RUDE TEETH INTO ROTTEN TEETH, BEFORE RYAN WAKING UP, ALL THE TEETH SAID GOOD MORNING TO EACH OTHER EXCEPT RYAN. AS ALL TEETH WERE BUSY DISCUSSING, WHISPERING AMONG THEMSELVES, MR. RUDE WOKE UP AND SAW HIS ROTTEN CONDITION. HE WAS ALSO LOOKING VERY DIRTY. NO TEETH CAME FORWARD TO SAY HELLO TO HIM. BUT WHEN THE TEETH STARTED MOCKING AT HIM, HE REALIZED THE PAIN OF BEING ARROGANT TO OTHERS. HE SUBMITTED AN APOLOGY AND SAID HE WON'T BE RUDE TO ANYONE IN THE FUTURE. HIS HEART BECAME KIND. THE MOMENT HE REALIZED HIS MISTAKE, MR. RYAN REQUESTED THE TOOTH FAIRY TO MAKE HIM LIKE EARLIER. IN A SECOND MR. RUDE TURNED INTO GOLD! "THE SMALLEST ACT OF KINDNESS IS WORTH MORE THAN THE GREATEST INTENTION," SAYS KAHLIL GIBRAN. THUS, IT IS VERY IMPORTANT TO BE KIND WITH OTHERS.

AKIRA. R. AROLI, V - B

WEAKNESS TO STRENGTH

HOW I TURNED MY WEAKNESS INTO STRENGTH FIRST STEP IS NOT TO REGRET, BUT IT'S A TIME TO ACCEPT. WEAKNESS IS NOT TO HIDE, BUT A CHALLENGE TO TAKE WITH PRIDE. NEXT STEP TO MOVE. IS TO CHALK OUT A PLAN TO IMPROVE. TAKING HELP FROM FAMILY AND FRIENDS IS A GOOD OPTION. PUT CONFIDENCE, HARD WORK AND DETERMINATION IN RIGHT PROPORTION. REMEMBER IT WILL TAKE TIME TO OVERCOME YOUR WEAKNESS, BUT THE RESULT WILL MAKE YOU FEEL NOT LESS THAN A PRINCESS. ONCE YOU HAVE OVERCOME YOUR WEAKNESS, DON'T FORGET TO REWARD YOUR SUCCESS. THERE IS NO HARM TO HAVE WEAKNESS, AS OVERCOMING IT, GIVE YOU A CHANCE TO TEST YOUR UNIQUENESS. NEXT TIME, EVEN IF YOU HAVE A PROBLEMS OF TREE LENGTH, TELL THEM I HAVE POWER TO TURN MY WEAKNESS INTO STRENGTH.

BATUL KANCHWALA (V - B)

qu m eleifend lobortis molestie et, in quis tortor dignissim , enim null tempor tortor ut, fringilla viverr vitae la cus bibendum sit nunc, erat curabitur nonummy nullam. I leilit vestibulum dipiscing, aenean mi. Vel libero velit onvallis non consectetuer scelerisque vitae nec am il proin leo, duis cr s suscipit ullamcorper est. N to null m neque nunc liquet, risus pede. Placerat i culis

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In the time when images flicker and fade when their worth is measured by the roles they have

played. She tries to come in the spotlight and yet shadows of power dim her natural light.

light.

A tapestry woven with those little threads of desire and reduced to a mere fleeting fire. Why

shall she endure this, doesn't she deserve to enjoy those moments of bliss.

She walks on the streets with a heart filled with desired dreams yet fear sometimes lingers.

lingers,
unraveling seams. With every step taken
she deserves to be in the good light for
standing up to
what's right.

But within every heart a quiet strength lies, a spark that ignite when the fire defies. Through

struggles and losses they learn to embrace the power within their own rightful place.

~Myra George, VII-C



IN THE QUIET OF THE EVENING, WHEN THE WORLD FEELS STILL AND SMALL,

THERE'S A GIRL WITH DREAMS AND WISHES, WHO FEELS SO VERY TALL.

THOUGH THE NIGHT MAY SEEM SO LONELY, AND THE STARS SO FAR AWAY,

REMEMBER, DEAR, YOU'RE SHINING BRIGHT, IN YOUR OWN SPECIAL WAY.

THE MOON WHISPERS SECRETS, THE STARS SING LULLABIES,

THEY SEE YOUR HEART, YOUR COURAGE, THE SPARKLE IN YOUR EYES.

WHEN YOU FEEL LIKE NO ONE'S LISTENING, AND YOUR VOICE IS LOST IN AIR,

KNOW THAT YOU ARE HEARD AND LOVED, BY THOSE WHO TRULY CARE.

YOUR DREAMS ARE LIKE THE FIREFLIES, THAT LIGHT UP SUMMER SKIES,

THEY DANCE AND GLOW AND SHIMMER, WITH A MAGIC THAT NEVER DIES

SO HOLD ON TO YOUR WISHES, LET YOUR HEART BE YOUR GUIDE,

 \triangleleft

FOR EVEN IN THE DARKEST TIMES, YOUR LIGHT WILL NEVER HIDE.

YOU ARE A STAR, A WONDER, A STORY YET UNTOLD,

WITH A HEART THAT'S FULL OF KINDNESS, AND A SPIRIT BRAVE AND BOLD.

SO WHEN THE NIGHT FEELS LONELY, AND THE WORLD SEEMS COLD AND GRAY,

REMEMBER, YOU ARE LOVED, AND BRIGHTER DAYS ARE ON THEIR WAY.

~AAROHI RUSTOGI, VII - A





2024 WAS A VIBE-FULL OF EPIC MOMENTS AND NEXT-LEVEL CREATIVITY. AS WE ROLL INTO 2025, LET'S BRING THE ENERGY, CHASE BOLD DREAMS, AND KEEP WRITING OUR STORY.

Stay wired, Marians! 💻 🗲





