

# Art & Expression — Diving into Deeper Questions

A thought-provoking glimpse into the minds of young artists.

### Art, Applause, and Arrival

The annual Art Exhibition which was held on 2nd May '2025, began around 10:15 am, when our chief guests, artist Shailesh BR and visual artist Ritika Sharma, arrived to a warm reception. At 10:20 am, students led the



welcome ceremony, delivering heartfelt addresses accompanied by a live performance of "Lathey Di Chaadar". From the main hall to the corridors, artworks of every medium were on display across the campus, showcasing the talents of participants from Classes 1 through



12.

### **Distinguished Guests Traverse the Exhibition**

The two distinguished artists joined us as guests for the day. Shailesh BR, a Delhi-based artist whose work interrogates the intersections of ancient Indian philosophy and scientific inquiry—drawing on traditions such as Nyāya-Śāstra to question cause and



effect—took great interest in many of the pieces. Ritika Sharma, a Delhi NCR–based mixed-media artist whose practice revolves around everyday observations, local spaces, and the politics of the banal, engaged thoughtfully with the installations . An example of one such installation was The Parasite Head: A Symbol of Invasion by Joshua Rempuia of class XII-A.

### The 'Parasite' as A Metaphor

The artwork featuring a parasite head on a human body explores themes of





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identity, control, and the impact of external forces. The parasite head represents invasion and transformation, raising questions about the boundaries between self and other, unconscious mind, disease, addiction, or social pressures. The artwork challenges the viewer to consider the complex relationships between inner and outer selves.

# Deadly Yet Delicate Symbolism in Focus, 'The Jellyfish Within'

The guests asked thoughtful insightful and questions specifically regarding the material and the thought process of the artworks. They asked Rachel Panmei, student of а



class 12A the reason for using jellyfish as a symbolism in her painting—she replied— "It represents how vulnerability is viewed as something to be taken for granted or taken advantage of by others. However, specifically as women, where our role is viewed as nurturers, we must embrace this vulnerability and find strength in it. After all, jellyfish are deadly though they look soft".

#### "It's not a mask if you wear it right..."

One of the most striking installations at the exhibition featured giant masks crafted from scrap test papers — a symbolic reminder of the



pressure and identity students often grapple with. Tittled with the thought-provoking belief "It's not a mask if you wear it right." The piece explored the many faces people wear in different spaces, reflecting shifting personalities and hidden truths. The artists deliberately left the masks uncoloured, emphasising that true identity goes beyond appearance. A powerful collaborative effort, the installation stood as a raw and honest portrayal of self-expression and expectations.



Mrs. Ritika was elated by the vibrant artistic environment at our school. The art teacher proudly shared how our principal's unwavering support for the arts sets our school apart. Our school nurtures creative pursuits—offering students a rare freedom to express their thoughts, emotions, and imaginations through art. It's this encouragement that helps young



artists truly flourish and infuses every corner of our school with creativity.

#### Into the Minds Behind the Masterpieces

This exhibition gives us a chance to explore how art becomes not only a form of self-expression but also a mirror to the world around us. From layers of human emotion to cultural celebration and internal confrontation, the artists invite us to see beyond the canvas.

Zain Suhail of class XII-A explained the meaning



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behind his painting 'Colours of People' saying, "This painting shows that people have many faces, just like many colours. In good times, they may look kind, but in bad times, their true colours come out—sometimes surprising or even hurting us. I used yellow for cheerfulness, blue for calm, red for love and anger, green for growth or jealousy, black for mystery or hidden feelings, and orange for energy or change. Each colour shows a different mood or personality. This art tells us to look



deeper, not just at what we see on the outside but also inside."

In the words of Sweta Bag, student of class XI-A, her painting 'Grace in Motion' is "a celebration of movement, tradition, and the beauty of the present moment. The bird's-eye view adds a unique perspective rarely seen in classical Indian art,



making this piece stand out for both its creativity and cultural richness. This painting beautifully merges traditional Indian attire with dynamic composition, symbolizing freedom, culture, and feminine joy".

Describing her painting 'Through the Eyes of the Abyss', Vanshika Rajput of class XII-A said, "Within this dreamlike, surreal painting, the eye is immediately drawn into a realm of spinning eyes and midnight blues. The figure, shadowed and isolated, is confronted by a sea of peering eves-eves that observe and devour. This sea of eyes, expressed in layered waves of indigo, sapphire, and charcoal, speaks of vulnerability, of and of being introspection, too closelv observed. The painting dissolves the divide between interior and exterior worlds, between that which we are afraid of and that which we would know. Confronting the void, the figure is both subject and spectacle-solitary, yet the object of boundless examination."

These reflections take us beyond just the visual,



revealing how each detail—whether colour, shape, or perspective—holds meaning.

# Concluding with Thought, Depth, and Freedom

The afternoon concluded with an interactive session led by Mr. Shailesh, who engaged students in a lively dialogue bridging art, science, technology, and mathematics. He



emphasized that "math solves problems, science asks deeper questions, and art weaves itself through both science and technology—just as science lives within art." In his closing remark he reminded us that art grants us a unique freedom: the freedom to create—or even to choose not to create—thereby honoring the personal journey each artist undertakes

- Ananya Jena, Tooba Ayub, Suhani Sarin