

MADAM SARA MATHEW MEMORIAL MEDICAL CAMP



MEDICAL CAMP AT MOHAMMADPUR VILLAGE

Every year, in the memory of our beloved founder late Mrs, Sara Mathew, we organize a medical camp in the underprivileged community of Mohammadpur village. The slum area has no adequate health center in the vicinity and conducting the camp helps people to address their neglected health issues. This year too, the CSA social work students of class 7th and 8th enthusiastically participated in the event and got acquainted with the health problems afflicting the community people. The students of class 7th performed a street play on “need for adequate medical attention and behavioural change” the previous day to spread awareness on health and hygiene. The students also distributed pamphlets and informed the community people about the medical camp as part of awareness generation and mobilization. On 25th July 2019, the medical camp was successfully organized and around 90 people from the community received medical advice. The patients were also provided free medicines and the students got a chance to interact with them and observe their health needs.



A day prior to the medical camp, we went to Mohammadpur village to mobilise people and perform a street play. We interacted with people, distributed pamphlets and informed them about the medical camp. The next day, we organised the camp along with two doctors, Shambhavi ma'am, and Beena ma'am. I observed that most of the patients were women and elderly. Women mostly had the problem of high/low blood pressure. We interacted with the patients and realised that absence of basic health facility in the community poses a big problem for them. Women are reluctant to take out time and visit doctor. They end up neglecting their health. They were happy that a camp in their community was organised and they were receiving free medical check up and medicines. I think its a great initiative by our school and can be organised more frequently~ **SAKSHI Kantiwal(8-C)**.

It felt great to be able to organise a medical camp in which around 90 people received free medical checkup. The camp witnessed participation of women who shared their various ailments and the doctors patiently checked every patient. They gave additional advice on proper eating habits and lifestyle changes.~**Prarthana Baisoya(8-C)**



The women patients were feeling shy to explain their personal problems to the doctor but it was good to see so many women patients. Old people mostly had breathing and stomach related issues. The medical camp was successful in providing medical advice to the underprivileged segment of the population.~**Shivam Batra(8-A)**

BUILDING RELATIONSHIPS~A workshop on appreciating diversity and building relationships

A workshop on facilitating understanding and strengthening bond through empathy was organised by WISCOMP (Women in security, conflict management and Peace) at Bluebells International school.



Today we had gone for a workshop to Bluebells School International where 6 Kashmiri students came all the way to Delhi through an institution called WISCOMP (Women in Security Conflict Management Peace). WISCOMP is an organisation which promotes non-violence, coexistence, and gender equity. Before arriving I thought that the workshop would be more of them speaking and us listening but it actually turned out to be very interesting and full of activities. At first we had to make pairs with children of other schools and converse with them. This activity was pretty interesting as we learnt that we have so much in common with people we hardly even know. Next we spoke about the many different identities one person can have and that we cannot define that person based on just one of his/her identities. For the last activity, each of us were given cards which had the identities of different people described in it. All we had to do was answer some questions imagining ourselves to be that person (if yes, move a step forward; if no, take a step backwards). This activity gave me a new perspective towards life and made me realise how privileged we are to study in a good school and have so many other facilities which countless other people cannot even afford. All in all, the workshop was very fun and interactive. I am extremely fortunate to have attended this workshop~Riya Rawat

“We all fit together” ~A lesson in diversity

Class 6th CSA students engaged in a simple activity to understand the idea of unity in diversity. Every student drew a picture of themselves and assembled it as a part of a bigger puzzle. The were glued pieces together on a poster board to hang in the classroom to remind students they all have a place and fit in.



Beyond Borders~ Understanding the life and struggle of refugee children

The students of CSA Social Work were shown documentaries of refugee kids around the world to develop a better understanding of the uncertainty of a refugee life, perilous journey they undertake, and the hardships they face while resettling in a foreign land. The students were divided into groups and given case studies of six refugee children and had to imagine themselves in their place and write a narrative of "a day in the life of a refugee kid". The students deliberated on the significance of physical and mental borders and the idea of citizenship. The implications of citizenship amendment bill 2019 on the lives of refugees living in India were discussed. The session focussed on awakening critical questioning, empathy, understanding of discrimination, and marginalisation.



Peer Mentoring and Learning-“Tell me and I forget, teach me and I may remember, involve me and I learn”.



Some students of senior school (class 9th and 10th) have started teaching and mentoring a group of junior school students in after school remedial classes. The purpose is not just to strengthen the basics of students lagging behind in academics but also to facilitate a bond of mentoring and make learning a joyful experience.