

HUNGER PROJECT AND DISTRIBUTION OF SANITARY NAPKINS

Hunger...it rarely comes to us as we have a lot of food to eat and to waste too. But what about those people who live on the streets and are starving from many days???

To answer such questions we the students of ST.Mary's go to those people and give them a bowl full of khichadi every Saturday.This Saturday it was my class' chance which is 8-B . We gathered in the school premises till 8:30 . We all went to the kitchen and saw that Chandran sir has already put everything in place.Some of us started peeling the potatoes.I was chopping the carrots with my class mate. And others were chopping the potatoes.



Then we washed the chopped ingredients and put it in the vessel. With Chandran sir's help we made the *khichadi*.

From previous visits done by us and several other classes we realised that it is a difficult life out on the streets, especially for women, because of safety, privacy and sanitation. Particularly during their menstrual days, women have no access to clean sanitation practices, to address this issue we had decided to distribute old cotton fabric neatly packed in newspapers for the women so that they can use and re-use the cloth pads.

We all went to the Nizamuddin park with Reena ma'am and distributed the khichadi to the people there. They all seemed to be very happy when they got the bowl full of Khichadi. Slowly the number of people were increasing there, but we didn't have any problem as they patiently formed a line and didn't fight for their turn. When we finished distributing the khichadi, we all also ate one - one spoon of what we made.

Since we were carrying packets of sanitary pads, we distributed them to the women and explained the use to them. We realised they were using torn pieces of cloths, leaves and sometimes had nothing during their periods. They were very grateful to us, they said they can wash and re-use them.

We went back to school with that wonderful experience of our hunger project.

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