

Workshop on Circle time

6th July 2019

Resource Person – Ms. Janani

The session started with a discussion on the dos and don'ts for a teacher while conducting the circle time. Then the story - **THE MOUNTAINS OF TIBET** by Mordicai Gerstein was read out and we were asked to contribute our views on the story. **Happiness wheel** handouts were given where we had to grade the parameters and to reflect on the parameters where we need to improve. Actions and attitudes to improve different parameters which define happiness were shared among us. The actions and attitudes if you want to make the classroom a happy place were discussed.



We were divided into four groups and had to contribute our ideas on four different topics; (i) What is a circle time? Why do we sit in a circle? (ii) How does circle time help students? (iii) What is the role of facilitator during circle time? Circle time is a safe space where participants share their experiences, find comfort, develop self-confidence and empathy for each other. A circle is a symbol of connection with no hierarchies and no divisions. What happens in a circle remains in the circle. Circle time is not problem-solving but helping students cope up with the problems.

Structure of a circle time should have an **aim, trigger activity, discussion points, conclusion, and celebrations**. Throughout the session, we could see the planning done by Ms. Janani to bring the structure. Two circle time activities suggested by her were a discussion on 'staycation and vacation' and making a failure CV. The takeaway of the session is that as facilitators we need to have a clear plan to build the structure up for a circle time.



2019-7-6 10:22



2019-7-6 09:59



2019-7-6 10:05



2019-7-6 09:14



2019-7-6 10:16